

Some of the best times you can have together may be doing simple things. Just talking and being together is important in developing a good relationship. Not every activity needs to be a great adventure or expensive entertainment. Simply hang out or try one of the following IOI suggestions.



ANYWHERE

1. Share a silly story from your past.
2. Describe something about your culture and heritage with one another.
3. Tell each other funny jokes.
4. Share something important that is going on in each of your lives.
5. Find out about each other's favorite things—food, movies, music, etc.
6. Read through these ideas together and plan your next few activities.

AT HOME

7. Rent a movie or borrow one from the library and make popcorn.
8. Wash a car together and have a water fight.
9. Look through photo albums.
10. Grow your own veggies in a garden.
11. Make a playlist of your favorite music together.
12. Watch a scary movie in the afternoon.
13. Work on the engine of a car.
14. Watch a favorite television show.
15. Learn a new creative program on a computer.
16. Work on homework or a school project.
17. Read the same book and then talk about it.
18. Write thank-you letters to important people in your lives.

FOOD

19. Make ice cream sundaes, cakes, or cupcakes.
20. Bake homemade cookies.
21. Cook dinner together.
22. Roast marshmallows and make s'mores.
23. Make a dish with veggies from your garden.
24. Plan a dinner where you choose a different country for each course.
25. Meet early in the morning for breakfast.
26. Dip your favorite fruit in chocolate fondue or veggie in cheese fondue.
27. Make a homemade pizza.
28. Talk about your favorite recipes.
29. Barbecue shish kebobs.
30. Create a new kind of homemade ice cream.
31. Make yummy treats for your Program Coordinator, family, or friends.

GAMES

32. Learn a classic game, like Pick-up Sticks or Jacks.
33. Make and put together a puzzle.
34. Play cards.
35. Blow bubbles.
36. Enjoy a board game like Monopoly or checkers.
37. Do magic tricks for each other.
38. Play an interactive dance or movement video game.

Simple Activities

HOBBIES, ARTS, & CRAFTS

39. Paint or draw in this Journal.
40. Pick wild flowers and press them.
41. Make friendship bracelets for each other.
42. Design some stationery with paints or colored pencils.
43. Take pictures of each other and make frames for your photos.
44. Try woodworking.
45. Start a rock collection.
46. Make a model airplane, or car, or ship.
47. Play a musical instrument or start a band with your friend and sing songs.
48. Draw on a sidewalk with chalk.
49. Tie-dye shirts.
50. Learn to crochet, sew, cross-stitch, or knit.
51. Collect stickers and add them to this journal.
52. Create your own Zen garden.

NATURE

53. Take a picnic lunch to the park or beach.
54. Volunteer to restore a local natural habitat.
55. Go on a walk or a hike on a nature trail.
56. Race snails.
57. Plan a photo safari—take pictures of animals in their natural environment.
58. Fly a kite on a windy day.
59. Build a sandcastle at the beach.
60. Watch a sunset.
61. Go to a park and see who can swing the highest.
62. Gaze at the night sky and create a star map.
63. Plant native wildflowers in pots or planter boxes for each of your homes.

OUTINGS

64. Go to a free play, movie, or concert in the park.
65. Visit a shopping center or mall.
66. Hang out by the water (pool, lake, river, or ocean).
67. See a movie.
68. Go to a farmer's market.
69. Explore a county fair.
70. Take a tour of your local fire station.
71. Go to a bookstore or library.
72. Feed animals at a petting zoo.
73. Volunteer at a retirement community.
74. Together with another mentor pair, plan and do something fun.

75. Attend a life-skills workshop.
76. Find a fun neighborhood and take a walking tour.
77. Experience a school theatrical production together.
78. Tour the control tower of a small local airport.
79. Visit your local community center, YWCA/YMCA, or teen center.
80. Go to a flea market.
81. Walk a dog.
82. Take a guided tour of a local community college or four-year college.
83. Go to a local art festival or parade.
84. Take a class together (cooking, karate, pottery, etc.).
85. Explore tidepools.

SPORTS

86. Play Frisbeem shoot hoops, or kick a soccer ball at the park.
87. Hit a few golf balls at the driving range.
88. Watch a professional sports game in-person or on TV.
89. Lift weights, do aerobics, or practice yoga.
90. Jump on a trampoline.
91. Try in-line skating or regular rollerskating together.
92. Play tennis.
93. Go skateboarding.
94. Shoot some pool.
95. Attend a collegiate sports game.
96. Go miniature golfing.
97. Rent a tandem bike and ride on a Bay trail.
98. Go jogging on a local trail.
99. Teach each other your favorite sport.
100. Find another mentor pair and learn double dutch.
101. Challenge your friend to a game of Ping Pong or foosball.



Activity Suggestions