

2019 Spring & Summer Youth Coach's Application

Name: _____ PHONE – Home: _____

Address: _____ Work:: _____

Cell Phone: _____ Cell Phone Provider (Texting): _____

E-Mail: _____ Social Security Number: _____

Your Date of Birth: _____ Shirt Size: _____

Reference's: _____ Name _____ Address _____ HM PHONE WK _____

Please list prior coaching experience:

_____ Sport _____ Year _____ Agency _____ Supervisor _____

Any other youth related activities/experience: _____

Sports Wishing to Coach: Spring Soccer T-Ball SB VB FB Fall Soccer BB Other

Do you want to coach child's team: Yes No Child's Name: _____

What age is your child: _____ What grade is your child in: (18-19) _____ (19-20) _____

All Coaches must be or willing to become NYSCA Certified to coach in the MC Recreation Department's Programs!!

Are you NYSCA (National Youth Sports Coaching Assoc.) Certified: Yes No (Certified with in the last 2 years)

If so, in what sport(s)? _____

How many years have you been certified? _____

Please read and understand the following:

I will allow all players, regardless of ability, an equal opportunity to play in every game, to try every position and will follow the directives of the Mason City Recreation Department's policies, rules and personnel to the best of my abilities. I also understand that I must attend a coach's meeting for the sport I am going to coach.

Please read and sign the Coaches Code of Ethics on back.

Signature: _____

Date: _____

Coach responsible for first aid knowledge!
over

Coaches' code of ethics

I hereby Pledge to live up to the Mason City Recreation Department's Coaching Standards by following the Coaches' Code of Ethics.

- I will place the emotional and physical well being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe playing situation for my players.
- I will promise to review and practice the basic first aid principles needed to treat injuries of my players.
- I will do my best to organize practices that are fun and challenging to all my players.
- I will lead by example in demonstrating fair play and sportsmanship to all my players.
- I will provide a sports environment for my team that is free of drugs, tobacco and alcohol, and I will refrain from their use at all youth sports events.
- I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
- I will use those coaching techniques appropriate for each of the skills that I teach.
- I will remember that I am a youth sports coach, and that the game is for children and not adults.

Coach Signature

Date

Coaches, you still have to sign a Child Abuse Release form and a Criminal Background Check Release form!!
Please ask for them when you return our application to the office.

Mason City Recreation Department
326 4th St NE, Suite #1., 421-3673 (421-3635/FAX)
pbennett@masoncity.net www.masoncity.net

2019 Spring Soccer, T-Ball, Baseball & Softball

Draft & Coach's Meeting Dates

ALL COACHES MUST ATTEND A COACHES MEETING

(Held @ Recreation Dept. – Activity Room)

SPRING SOCCER

Draft - Thursday, March 14 - times TBA
Meeting - Thursday, March 21 @ 6:00 p.m.
or
Meeting – Tuesday, March 26 @ 6:00 p.m.

T-BALL & PEE WEE LEAGUES

Meeting – Wednesday, May 1 @ 6:00 p.m.

SOFTBALL

(Div. 1, 2, 3 & 4)

Draft – Wednesday, April 17 – times TBA
Meeting – Wednesday, May 1 @ 7:00 p.m.
(after T-Ball & Pee Wee Leagues meeting)

NYSCA Certification Dates

ALL COACHES MUST BE OR GET CERTIFIED

CERTAIN OCCUPATIONS ARE WAIVED

(Held @ Recreation Dept. – Activity Room)

Wednesday, April 3

6:00 p.m. 1st year tape (90 min)
7:45 p.m. Soccer, Softball & T-Ball tapes
(53 min) (61 min) (20 min)

Monday, May 13

6:00 p.m. 1st year tape (90 min)
7:45 p.m. Softball & T-Ball
(61 min) (20 min)

Coaches may also get certified online see online sheet!!

or

During office hours 8:00 a.m. to 4:00 p.m.!!

(To get certified coaches must attend the first year tape and the sports specific tape you coach)

NOTIFY THE OFFICE ON DATES ATTENDING, 421-3673

If no one signs up for a particular meeting it will be cancelled, so please call!!

ATTENTION COACHES! NYSCA TRAINING AND MEMBERSHIP ARE AVAILABLE ONLINE!

The Online Clinics website, coaches can take the course and become members of the NYSCA in the comfort of their home or office. Here are some important facts to know about the NYSCA Online Clinics:

- Coaches can visit the NYSCA Online Clinics website at <http://www.nays.org/nyscaonline/preview/how-it-works.cfm> and get all the details, including free demo pages and complete registration information.
- In order to become a member, coaches must complete two sections of the NYSCA Online Clinics -- Introduction to Coaching Youth Sports **PLUS** a sport specific section (basketball (U-10 or U16, soccer, t-ball, baseball, softball, flag football or volleyball). The cost for both sections of the Online Clinic is \$20. Coaches will pay online with own credit card – the Recreation Dept will reimburse each coach \$20 for certification. Please bring your membership card to the office with credit card statement for reimbursement. Upon completion of the entire Online course, coaches will be able to print a membership card, identifying them as a member of NYSCA and entitling them to a one year membership (including benefits such as \$1,000,000 excess liability insurance and a one-year subscription to *Sporting Kid* magazine).
- The Online Clinics include live-action video instruction, expert commentary and exclusive printable materials. Coaches can take the course at their own pace (**in order to complete the entire course Online, the approximate time needed is 3-4 hours**).
- Current NYSCA members can also add a sport on to their existing membership using the Online Clinics, for only \$5 per additional sport.

If you are interested in completing the certification online please contact the office (641-421-3673) or visit <http://www.nays.org/nyscaonline/preview/how-it-works.cfm> to get started.

You will need the following software: Microsoft Windows Media Player & Adobe Acrobat Reader, both software can be downloaded from the NYSCA Site.

When registering you will need to know **Chapter Name: Mason City Recreation Department**. You will need to create a password also.





HOURS: 2 to 8 hours a week (varies)

SEASON:	Basketball:	Jan-March	Spring Soccer:	April – May
	T-Ball	June - July	Softball:	June – July
	Fall Soccer:	Sept – Oct	Flag Football:	Sept – Oct
	Fall Volleyball	Nov – Dec		

DUTIES & RESPONSIBILITIES:

- ☺ To teach the proper sports techniques and rules applicable to the sport.
- ☺ To organize and implement fun, exciting and safe practices that will challenge each player.
- ☺ To provide a sports environment that is free of drugs, tobacco and alcohol.
- ☺ To build self-esteem, teamwork and sportsmanship in the team assigned.
- ☺ Be aware that conditioning, nutritional, flexibility and strength development are important factors in children playing youth sports.
- ☺ To be aware of safety and 1st aid care needed in youth sports.
- ☺ Be aware of the psychological and emotional needs of children while participating in sports.
- ☺ Able to deal with parents/guardians of players in an appropriate manner.

MEETINGS/TRAINING:

- ☺ Each coach is required to attend a sports specific coach’s meeting and
- ☺ Get Certified through the National Youth Sports Coaches Association (NYSCA)

SUPERVISION:

- ☺ Coaches supervised by Recreation Staff: Program Coordinator, Site Supervisor and Game Official.
- ☺ Coaches are accountable to their players and the parents/guardian of the players they coach.

PHILOSOPHY: Remember Athletes 1st. Every decision you as a coach makes should be in the best interest of your players and not the desire to win. We hope that helping young people to develop physically, psychologically and socially will always be more important to you than beating the other team. This does not mean winning is not important, you should instill in your players the desire to win, to strive to do their best, to pursue excellence. However, the outcome of the game – winning or losing – is not the most important objective. If the players do their best, they will have succeeded, regardless of the outcome of the game. Help us say yes to better sports for kids!!

PURPOSE & PHILOSOPHY

It is a major goal of the Mason City Recreation Department to encourage every youngster in the North Central area to participate in Youth Sports, whether it be through the local YMCA, Little League of America, Hockey Association or our own leagues. The opportunity to participate is available to every child regardless of athletic ability or financial status. The purpose of our Youth sports leagues is to provide opportunities for young athletes to learn fundamentals in a variety of sports in an enjoyable, controlled atmosphere with the emphasis placed on participation and fun. We have implemented a minimum play rule to insure all players an equal opportunity to play.

GOALS OF THE MC RECREATION DEPARTMENT'S LEAGUES

- ☺ It is the goal of the MC Recreation Dept. that all players have fun while participating in Youth Sports. We downplay the “winning at all cost” philosophy and want the players to just have fun and enjoy themselves.
- ☺ We emphasize to our coaches the importance of coaching the fundamentals of each sport. We require all coaches to be or get certified through NYSCA. We offer other educational tools.
- ☺ We encourage friendship among players whether it be among teammates or players from another team. Long lasting friendships develop through sports.
- ☺ Good Sportsmanship in competition is a must. Coaches, parents, spectators and players must be good sports/citizens.
- ☺ Players learn to cope with competitiveness in a healthy way. We introduce players to a competitive environment with no harm to them physically, mentally or emotionally.
- ☺ To teach players that participation in sports is a privilege and responsibilities are associated with being involved in Youth sports. (responsibility to coach, parents, teammates & self)
- ☺ To instill in each player the desire to succeed (not to win at all cost). To set goals and obtain those goals through hard work and effort.

OFFICIALS

The officials are paid, trained staff members. They are adults or young adults who have an interest in the sport, officiating or both. If you have a concern about an official, please contact the Recreation Department at 421-3673. The purpose of the youth sport's league is to teach skills to the players. Obviously, a team which does not play well in a given game, yet is given the opportunity to blame that loss on an official for one call or two, is being given the chance to take all the responsibility for the loss of their shoulders. A parent or coach who permits the young player to blame his/her failures on an official regardless of the quality of that official, is doing the worst kind of injustice to the youngster. Rather than learning responsibility, such an attitude is fostering an improper outlook towards the ideals of the game itself. This irresponsibility is bound to carryover to future years.