

# Mental Health Resources by County

## Cerro Gordo County

Anastasi Counseling Services	<a href="http://www.anastasicounseling.com">www.anastasicounseling.com</a>	1520 6th St. SW Mason City, IA 50401	641-423-4180
Anchor Family Health Center	<a href="http://www.anchorfamilyhealth.com">www.anchorfamilyhealth.com</a>	2800 4th St. SW, Ste 8 Mason City, IA 50401	641-424-0000
Behavioral Health Options, PLC	No website listed	No address listed	641-512-5565
Catholic Charities	<a href="http://www.catholiccharitiesinfo.org">www.catholiccharitiesinfo.org</a>	103 E. State St. Mason City, IA 50401	641-424-9683
Child & Adolescent Integrated Health	No website listed	9 2nd St. NW Mason City, IA 50401	641-424-7068
Child Health Specialty Clinic	<a href="http://chsciowa.org/regional-centers/mason-city">chsciowa.org/regional-centers/mason-city</a>	22 N. Georgia Ave. Ste 310 Mason City, IA 50401	641-424-0030
County Social Services	<a href="http://www.countysocialservices.org">www.countysocialservices.org</a>	3 4th St. NE Mason City, IA 50401	641-421-3145
Crisis Intervention Services	<a href="http://www.cishelps.org">www.cishelps.org</a>	206 3rd St. NE Mason City, IA 50401	641-424-9133
Doug Brink Family Therapy	No website listed	203 1st St. SE, Ste 107 Mason City, IA 50401	641-423-3778
Four Oaks	<a href="http://www.fouroaks.org">www.fouroaks.org</a>	980 S. Iowa Ave. Mason City, IA 50401	641-423-3222
Francis Lauer Youth Services - YSS	<a href="http://www.yss.org/locations/francis-lauer/">www.yss.org/locations/francis-lauer/</a>	50 N. Eisenhower Mason City, IA 50401	641-423-7362
Generations Counseling	No website listed	518 S. 8th St. Clear Lake, IA 50428	641-357-0272
Life Connections	<a href="http://www.life-connections.org">www.life-connections.org</a>	202 1st St. SE, Ste 108 Mason City, IA 50401	641-903-7759
Luthern Services in Iowa	<a href="http://www.lsiowa.org">www.lsiowa.org</a>	2502 S. Jefferson Ave. Mason City, IA 50401	641-423-1083
Mason City Psychiatric Services	<a href="http://www.mcclinic.com/psychiatry">www.mcclinic.com/psychiatry</a>	250 S. Crescent Drive Mason City, IA 50401	641-494-5170

Mercy Family Clinic - Clear Lake	<a href="http://www.mercynorthiowa.com/clear-lake">www.mercynorthiowa.com/clear-lake</a>	1410 6th Ave. S. Clear Lake, IA 50428	641-357-2191
Mercy Medical Center North Iowa Behavioral Services	<a href="http://www.mercynorthiowa.com/behavioral-services">www.mercynorthiowa.com/behavioral-services</a>	1001 4th St. SW Mason City, IA 50401	641-428-7797
NAMI - North Iowa	<a href="http://www.naminorthiowa.com">www.naminorthiowa.com</a>	P.O. Box 85 Mason City, IA 50401	641-201-8450
North Iowa Transition Center	<a href="http://www.nitc-ia.org">www.nitc-ia.org</a>	408 1st St. NW Mason City, IA 50401	641-424-8708
One on One Mentoring	<a href="http://www.northiowamentoring.org">www.northiowamentoring.org</a>	308 S. Pennsylvania Ave. Mason City, IA 50401	641-421-2708
Pamela Little Counseling, Inc.	<a href="http://www.pamelalittlecounseling.com">www.pamelalittlecounseling.com</a>	125 4th St. NW Mason City, IA 50401	641-423-4724
Turning Leaf Counseling Services	<a href="http://www.turningleafcounseling.com">www.turningleafcounseling.com</a>	103 E. State St. Mason City, IA 50401	641-421-2089

## **Floyd County**

Charles City Family Health Center	No website listed	1501 S. Main St. Charles City, IA 50616	641-228-5151
County Social Services	<a href="http://www.countysocialservices.org">www.countysocialservices.org</a>	1205 S. Main St. Ste D Charles City, IA 50616	641-257-6363
Floyd County Medical Center	<a href="http://www.fcmc.us.com/">http://www.fcmc.us.com/</a>	800 11th St. Charles City, IA 50616	641-228-6830
Lutheran Services in Iowa	<a href="http://www.lsiowa.org">www.lsiowa.org</a>	705 3rd Ave. Charles City, IA 50616	641-228-8030
Mercy Family Clinic - Rockford	<a href="http://www.mercynorthiowa.com/rockford">www.mercynorthiowa.com/rockford</a>	702 E. Main Rockford, IA 50468	641-756-3303
Val Lyons	No website listed	801 13th St. Charles City, IA 50616	641-228-1143

## **Franklin County**

Central Iowa Community Services (CICS)	<a href="http://www.cicsmhds.org">www.cicsmhds.org</a>	No address listed	641-456-2128
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Franklin General Hospital	<a href="http://www.franklingeneral.com">www.franklingeneral.com</a>	1720 Central Ave. E Hampton, IA 50441	641-456-5000
Franklin General Hospital	<a href="http://www.franklingeneral.com">www.franklingeneral.com</a>	606 2nd St. Dumont, IA 50625	641-857-6696
Franklin General Hospital	<a href="http://www.franklingeneral.com">www.franklingeneral.com</a>	109 S. Akit St. Latimer, IA 50452	641-579-6340
Mercy Family Clininc - Sheffield	<a href="http://www.mercynorthiowa.com/sheffield">www.mercynorthiowa.com/sheffield</a>	203 2nd St. Sheffield, IA 50475	641-892-4495
Monarch Therapy Services, Inc.	<a href="http://www.monarchtherapyservices.com">www.monarchtherapyservices.com</a>	123 1st Ave. SW Hampton, IA 50441	319-346-1216

### **Hancock County**

Forest City Mentoring Program	<a href="mailto:sjackson@forestcity.k12.ia.us">sjackson@forestcity.k12.ia.us</a>	No address listed	641-585-4772
Hancock County Health System	<a href="http://www.trusthchs.com/hancock">www.trusthchs.com/hancock</a>	532 1st St. NW Britt, IA 50423	641-843-5050
Hancock County Health System	<a href="http://www.trusthchs.com/hancock">www.trusthchs.com/hancock</a>	730 W. 3rd St. Garner, IA 50438	641-923-2651
Mercy Family Clinic - Forest City	<a href="http://www.mercynorthiowa.com/forest-city">www.mercynorthiowa.com/forest-city</a>	635 E Hwy 9 Forest City, IA 50436	641-585-2904
One on One Mentoring	No website listed	<a href="mailto:sbrown@ghvschools.org">sbrown@ghvschools.org</a>	641-430-4716

### **Mitchell County**

Bridges Mentoring Program	<a href="http://www.bridgesmentoring.com">www.bridgesmentoring.com</a>	<a href="mailto:lwaller@nicao-online.org">lwaller@nicao-online.org</a>	641-732-3566
Mitchell County Home Health & Public Health	<a href="http://www.mchhceph.com/homepage.html">www.mchhceph.com/homepage.html</a>	415 Pleasant St. Ste 100 Osage, IA 50461	641-832-3500
Mitchell County Regional Health Clinic - Osage	<a href="http://www.mcrhc.com/osage-clinic">http://www.mcrhc.com/osage-clinic</a>	620 N. 8th St. Osage, IA 50461	641-732-6100
Mitchell County Regional Health Clinic - St. Ansgar	<a href="http://www.mcrhc.com/st-ansgar-clinic">www.mcrhc.com/st-ansgar-clinic</a>	140 W. 4th St. Ste1 St. Ansgar, IA	641-736-4401

### **Winnebago County**

Forest City Mentoring Program	<a href="mailto:sjackson@forestcity.k12.ia.us">sjackson@forestcity.k12.ia.us</a>	No address listed	641-585-4772
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Mercy Family Clinic - Buffalo Center

[www.mercynorthiowa.com/buffalo-center](http://www.mercynorthiowa.com/buffalo-center)

112 North Main  
Buffalo Center, IA 50424

641-562-2424

Mercy Family Clinic - Forest City	<a href="http://www.mercynorthiowa.com/forest-city">www.mercynorthiowa.com/forest-city</a>	635 E Hwy 9 Forest City, IA 50436	641-585-2904
Mercy Family Clinic - Lake Mills	<a href="http://www.mercynorthiowa.com/lake-mills">www.mercynorthiowa.com/lake-mills</a>	505 South 1st Ave. E. Lake Mills, IA 50450	641-592-3900

### **Worth County**

Mercy Family Clinic - Northwood	<a href="http://www.mercynorthiowa.com/northwood">www.mercynorthiowa.com/northwood</a>	803 9th Ave. N. Northwood, IA 50459	641-324-1221
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