THE PURPOSE OF THE ONE ON ONE MENTORING PROJECT IS TO PROVIDE MENTORING RELATIONSHIPS FOR YOUTH THAT PROMOTE RELATIONSHIP BUILDING AND SOCIAL SKILL DEVELOPMENT.

HOW DO I BECOME A MENTOR?

- Contact the mentoring coordinator in your area.
- Fill out the one on one mentoring program application.
- Attend a training session to prepare for your mentoring experience.
- Receive satisfactory background and personal reference checks.
- Get matched with an area youth!

Contact a mentoring coordinator today! 641-421-2708

Mason City - Jessica Prazak
Clear Lake - Amanda Korenberg

Find us on Facebook!
masoncityyouthtaskforce.org

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United Way of North Central Iowa
**Qualities of Mentors**

- Be a positive role model
- Provide support
- Offer encouragement
- Be flexible and open
- Be an active listener
- Be respectful
- Be a friend!

**Common Benefits of Mentoring**

- Mentors and mentees make a difference in each other’s lives.
- Mentors and mentees learn more about themselves through the mentoring relationship.
- Mentors and mentees are able to experience new activities together.
- Mentors and mentees have fun together!

**Making a difference one by one!**

**Possible mentoring activities**

- Play board or card games
- Prepare & eat a meal together
- Talk about friends, school, and hobbies
- Attend community events
- Participate in outdoor activities
- Visit local parks
- Visit the library and museum
- Visit the YMCA
- Volunteer at a local organization

**How do pairs spend their time together?**

One on One mentors are able to spend time with the mentee either at school or in the community. Mentors have the option of meeting on a one-on-one basis or take part in team mentoring. Team Mentoring matches 2-3 mentors with 2-4 youths.

Mentoring provides a young person with a wealth of benefits and has been proven to help young people enhance their self-image and improve their grades. Mentoring provides significant benefits to mentors as well. Experienced mentors report they feel like they get more out of their mentoring relationship than they give!